

Support

We choose both our safety and having our basic needs met.

“If I turned them in, who would help me get up in the morning.”

**People with intellectual and developmental disabilities deserve a
COMMUNITY of SUPPORT**

**A collaboration of the Idaho Council on Developmental Disabilities,
the Northwest ADA Center-Idaho, and
the Idaho Coalition Against Sexual & Domestic Violence**

Human

We are fully human with a full range of emotions and experiences.



“Folks don’t naturally realize we have urges and drives too.”

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Love

We can – and do – have real relationships and intimacy.

“Others can fall in love with us.”

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Inform

We deserve real information on our relationships and sexuality.

“My education came from trial and error. In ways that could have gotten me into trouble.”



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Safe

We deserve to know how to keep ourselves safe and thriving.

“You are unable to be as safe without having full and informed information – without other bias.”

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Lead

**Our own voices should
guide our own healing.
Nothing about us, without us.**

*“We actually
know what
we need.”*

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Confident

We deserve healing and support – without being afraid.

“You are afraid of what they will say, or think, or be judged...”

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Believe

**We deserve to be believed.
We deserve real solutions.**

*“Nothing
happened.
They got away
with it.”*

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Validate

Violence is never our fault. Ever.

“They blamed me for allowing someone to get so close to me.”

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Understood

**We deserve deep listening
and understanding.**

*“Unfortunately
society is
judgmental,
we don’t
listen...”*

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